

# **Atonement Life Groups**

## **Nov 7, 2021 – Joy Grows Near Streams**

### ***Ice Breaker***

- What things do you that make you happy?
- What has been some of the greatest “mountain top” experiences in your life? Do you experience sadness or loss when it is over?
- What have been some of the low spots in your life?

### ***Take It In***

- View today’s video

### ***Talk It Over***

#### **Discuss: Joy and Contentment**

1. Read Philippians 4:12-13. Paul is in jail and is writing to the church at Philippi. Paul has known wealth and poverty. Yet he speaks of contentment in all circumstances.
  - a. How are you at handling times of plenty and want?
  - b. Does your mood and outlook on life change with different conditions?
  - c. What do you find helps during times of want?
2. Read Acts 16:25-34 as a group
  - a. Paul and Silas have been beaten and thrown into jail, yet in v 25 they begin singing to God. What effect does their singing have?
  - b. They decide to not leave when the doors are opened. Why?
  - c. What effect does that have the jailer?
  - d. God doesn’t not spare them from a bad situation, but uses it for good. Have you experienced this in your own life?

### ***Live It Out: Planting Roots***

3. Read Psalm 1 and Jeremiah 17:7-8.
  - a. How are they texts similar?
  - b. Are there any differences?
  - c. How should one put down roots near a stream? What are some practical ways?
  - d. Often, we start, but do not keep going long term. How can you keep this as a long-term habit?

## ***Prayer***

Dear Lord, thank you for creating us, redeeming us through your Son when we don't deserve it. Thank you for seeking us when we are far from you. Guide us into a deeper relationship so we might stay rooted in you. That we might experience joy, peace and contentment. In the name of Jesus, we pray. Amen